Wren nest in a lacrosse stick

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4.4 in (10.2 × 11.2 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Honeysuckle leaves, honeysuckle bloom, shaft, nest hollow, eggs, lacrosse ball, nest wall, stick head, tail, breast, back, flight feathers, and 5 more
2. **Satin stitch**, 2 strands
   Bloom lips, collar, grass, legs, eye ring, eye, bill
3. **Stem stitch**, strands by part on page 2
   Honeysuckle stem, honeysuckle leaves, nest rim, feet
4. **Straight stitch**, strands by part on page 2
   Stamens, nest twigs, tail bars, flank bars, flight feathers bars, wing coverts bars, covert tips, eye light
5. **Whipped back stitch**, strands by part on page 2
   Shooting string, mesh
6. **Split stitch**, strands by part on page 2
   Ball edge, head edge, feather edges, eye line

Floss

- **1 DMC 3362 Dark Pine Green**
  Honeysuckle leaves and grass (dark), honeysuckle stem (darker)
- **2 DMC 3363 Medium Pine Green**
  Honeysuckle leaves and grass (middle), honeysuckle stem (lighter)
- **3 DMC 3364 Pine Green** Honeysuckle leaves and grass (light)
- **4 DMC 352 Light Coral**
  Honeysuckle bloom (lighter), bloom lips (darker)
- **5 DMC 350 Medium Coral** Honeysuckle bloom (darker)
- **6 DMC 783 Medium Topaz** Stamens, anthers and bloom throat
- **7 DMC 353 Peach** Bloom lips (lighter)
- **8 DMC 433 Medium Brown**
  Flight feathers (middle), back (light), nest twigs and shaft (dark) and 8 more parts
- **9 DMC 898 Very Dark Coffee Brown**
  Nest wall and tail (middle), nest hollow (lighter) and 10 more parts
- **10 DMC 435 Very Light Brown**
  Nest twigs, head, shoulder and nest rim (light), wing coverts (middle) and 6 more parts
- **11 DMC 437 Light Tan**
  Feather edges (lighter), tail bars, nest twigs (lightest) and 7 more parts
- **12 DMC 3790 Ultra Dark Beige Gray**
  Head edge, mesh (dark), stick head (darkest), shooting string (darker) and 2 more parts
- **13 DMC 822 Light Beige Gray**
  Stick head (light), mesh (middle), shooting string (lighter) and 2 more parts
- **14 DMC 3371 Black Brown**
  Nest hollow and feather edges (darker), nest wall (dark) and 5 more parts
- **15 DMC 932 Light Antique Blue** Eggs (middle)
- **16 DMC 931 Medium Antique Blue** Eggs (dark)
- **17 DMC 3753 Ultra Very Light Antique Blue** Eggs (light)
- **18 DMC 3865 Winter White**
  Lacrosse ball (lighter), mesh (light), stick head (lightest), eye light
- **19 DMC 642 Dark Beige Gray** Stick head (dark), collar (darker)
- **20 DMC 712 Cream** Breast (light), brow and covert tips
- **21 DMC 738 Very Light Tan** Breast (middle), cheek (light), eye ring

Stitches, continued

7. **French knot**, strands by part on page 2, two wraps
   Anthers, bloom throat, honeysuckle stem, egg speckles, string holes

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Wren nest in a lacrosse stick

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is whipped back stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3362 Dark Pine Green	**8**	DMC 433 Medium Brown	**15**	DMC 932 Light Antique Blue
2	DMC 3363 Medium Pine Green	**9**	DMC 898 Very Dark Coffee Brown	**16**	DMC 931 Medium Antique Blue
3	DMC 3364 Pine Green	**10**	DMC 435 Very Light Brown	**17**	DMC 3753 Ultra Very Light Antique Bl...
4	DMC 352 Light Coral	**11**	DMC 437 Light Tan	**18**	DMC 3865 Winter White
5	DMC 350 Medium Coral	**12**	DMC 3790 Ultra Dark Beige Gray	**19**	DMC 642 Dark Beige Gray
6	DMC 783 Medium Topaz	**13**	DMC 822 Light Beige Gray	**20**	DMC 712 Cream
7	DMC 353 Peach	**14**	DMC 3371 Black Brown	**21**	DMC 738 Very Light Tan

How many strands

Stem stitch. 3 or 4 strands: honeysuckle stem; 3 strands: nest rim; 2 strands: feet; 1 strand: honeysuckle leaves.
Straight stitch. 2 or 3 strands: nest twigs; 2 strands: covert tips, eye light; 1 strand: stamens, tail bars, flank bars, flight feathers bars, wing coverts bars.
Whipped back stitch. 3 strands: shooting string; 2 strands: mesh.
Split stitch. 2 strands: eye line; 1 strand: ball edge, head edge, feather edges.
French knot. 2 strands: honeysuckle stem; 1 strand: anthers, bloom throat, egg speckles, string holes.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Wren nest in a lacrosse stick

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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