You are enough

6 inch (15 cm) hoop, 4.2 × 4.6 in (10.7 × 11.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 3 for 4 to 6 strands.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**
   2 strands, colors 1, 5, 7, 8, 10, 12, 14
   Saucer foot, fern leaves, sepals, violet centers, violet petals, lip border, china flower, china leaves, saucer border, letters



2. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 6, 7, 8, 9, 10, 11
   Saucer, handle, inside of the cup, violet leaves, buds, violet petals, cup



3. **Padded satin stitch**
   2 strands, color 12
   Gold chip



4. **Stem stitch**
   1 to 3 strands, colors 5, 6, 7, 8
   Saucer rim, fern stem, violet stems, leaf veins, lip band, foot band, china scrolls

5. **Split stitch**, 2 strands, color 1
   China edges

6. **Straight stitch**
   1 to 4 strands, colors 4, 5, 10
   Petal veins, white beards, handle bars



7. **Couching**, 6 strands, colors 12, 13
   Gold seams



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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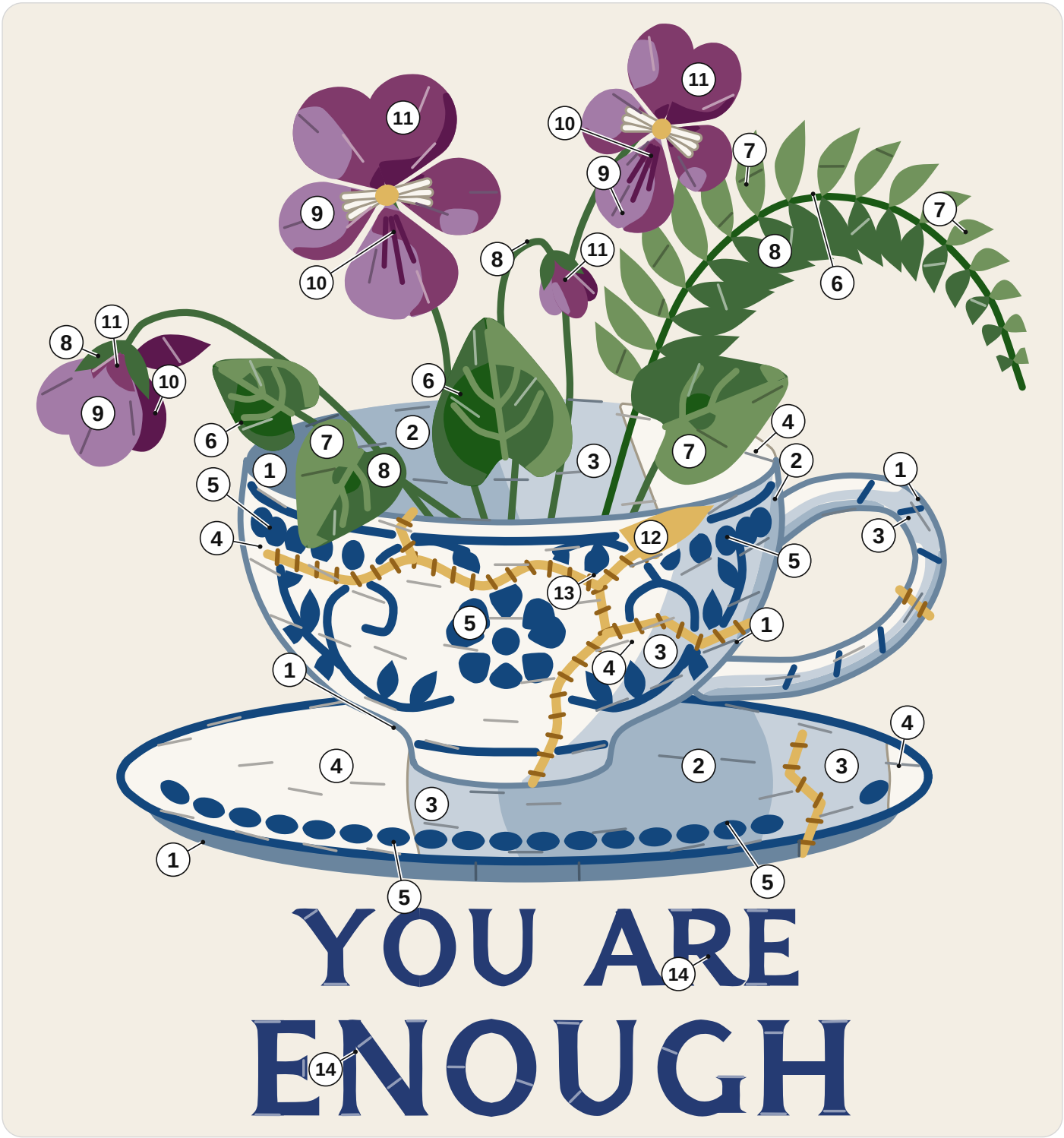
You are enough

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 931 Medium Antique Blue	6	DMC 3345 Dark Hunter Green	11	DMC 552 Medium Violet
2	DMC 932 Light Antique Blue	7	DMC 3347 Medium Yellow Green	12	DMC 3820 Dark Straw
3	DMC 3752 Very Light Antique Blue	8	DMC 3346 Hunter Green	13	DMC 780 Ultra Very Dark Topaz
4	DMC 3865 Winter White	9	DMC 209 Dark Lavender	14	DMC 336 Navy Blue
5	DMC 797 Royal Blue	10	DMC 550 Very Dark Violet		

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You are enough

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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You are enough

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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