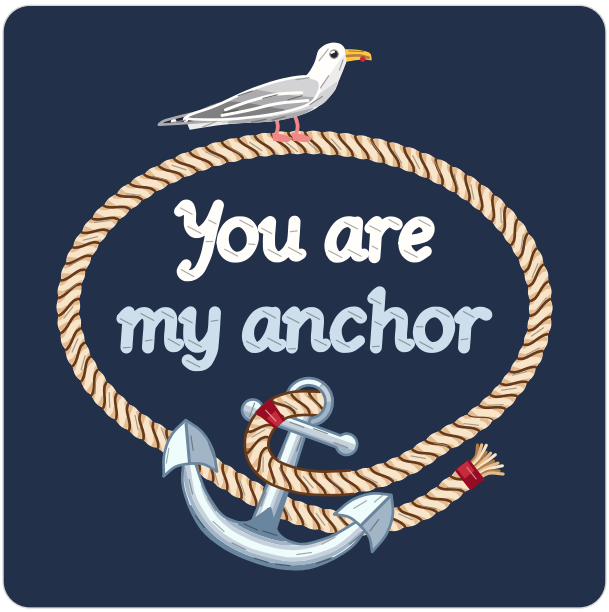
You are my anchor in a rope ring

6 inch (15 cm) hoop, 4.6 × 4.9 in (11.7 × 12.4 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: frayed end
   3 strands: legs

2. **Satin stitch**, 2 strands
   Rope, whipping, anchor ring, flukes, feet, tail, wing tips, bill, eye, words



3. **Long and short stitch**, 1 strand
   Anchor, gull body, wing



4. **Split stitch**, 1 strand
   Rope strands, whipping edge, anchor edge, rope edge, wing edge, bill line, edges of the words

5. **Stem stitch**, 1 strand
   Fluke ridge, wing feathers

6. **Straight stitch**, 1 strand
   Eye highlight



7. **Padded satin stitch**, 2 strands
   Anchor stock



8. **French knot**, 1 strand, two wraps
   Wing spots, bill spot



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 19 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of navy cotton or linen, a white pencil.

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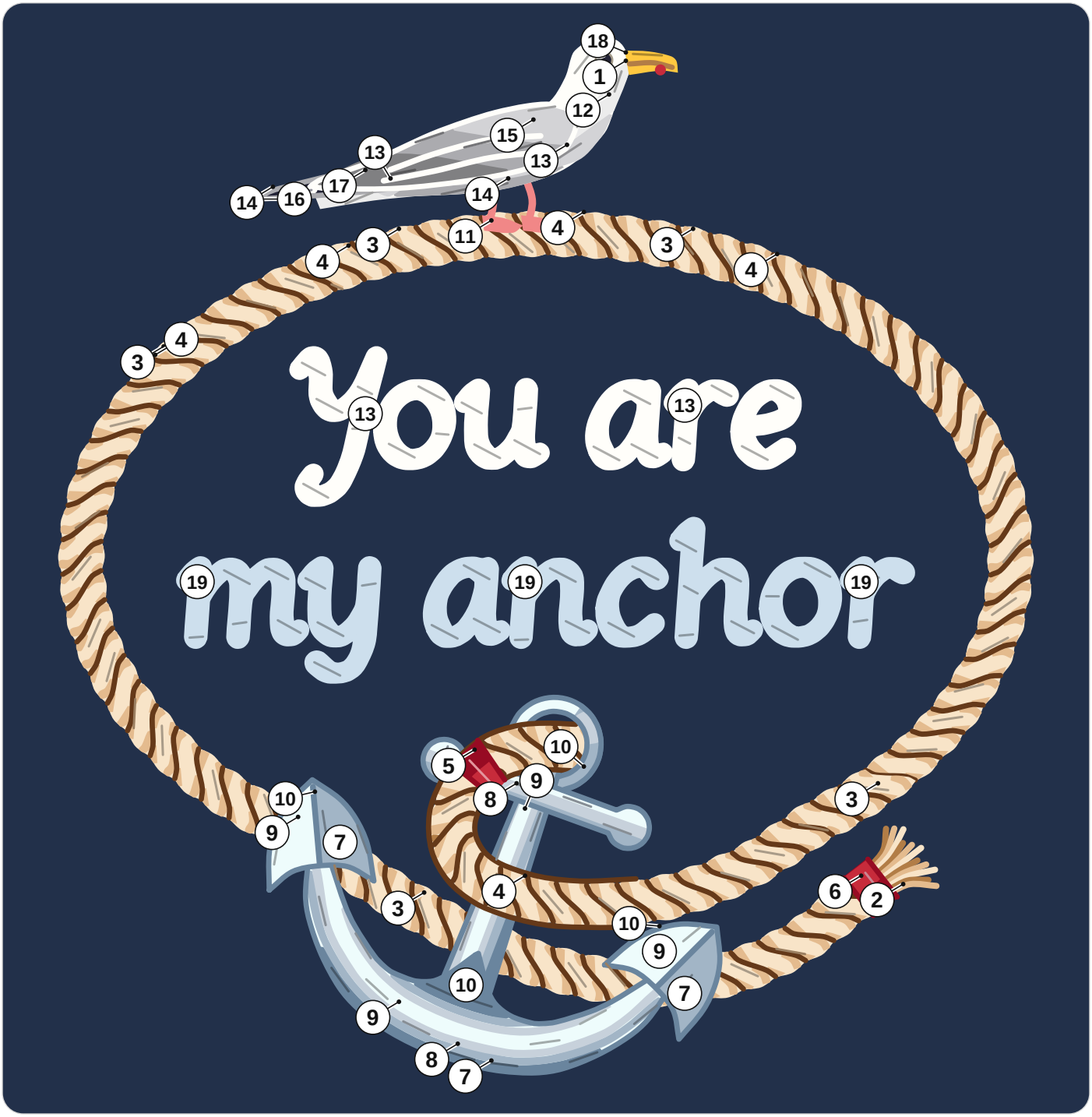
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 435 Very Light Brown	**8**	DMC 3752 Very Light Antique Blue	**15**	DMC 415 Pearl Gray
2	DMC 437 Light Tan	**9**	DMC 3756 Ultra Very Light Baby Blue	**16**	DMC 310 Black
3	DMC 739 Ultra Very Light Tan	**10**	DMC 931 Medium Antique Blue	**17**	DMC 414 Dark Steel Gray
4	DMC 801 Dark Coffee Brown	**11**	DMC 3712 Medium Salmon	**18**	DMC 725 Medium Light Topaz
5	DMC 816 Garnet	**12**	DMC 762 Very Light Pearl Gray	**19**	DMC 3841 Pale Baby Blue
6	DMC 321 Red	**13**	DMC BLANC White		
7	DMC 932 Light Antique Blue	**14**	DMC 318 Light Steel Gray		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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