You are so loved

6 inch (15 cm) hoop, 4.5 × 4.1 in (11.4 × 10.4 cm)



Colors by number: page 2.
Fabric: dark teal cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark teal cotton or linen.

An embroidery needle, size 9.

21 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Lily stems

2. **Long and short stitch**, 1 strand
   Far wing feathers, far wing, cygnets, tail, swan, wing feathers, small wing feathers, wing shoulder, water lily



3. **Satin stitch**, 2 strands
   Cygnet bills, eyes, bill, bill base, lily pads, letters



4. **Split stitch**, 1 strand
   Feather edges, lily edges

5. **Straight stitch**, 1 strand
   Eye highlights



6. **Stem stitch**, 2 strands
   Sleeping eyes, ripples

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3752 Very Light Antique Blue	8	DMC 3033 Very Light Mocha Brown	15	DMC 807 Peacock Blue
2	DMC 931 Medium Antique Blue	9	DMC 3799 Very Dark Pewter Gray	16	DMC 3053 Green Gray
3	DMC 932 Light Antique Blue	10	DMC 3865 Winter White	17	DMC 3052 Medium Green Gray
4	DMC 3753 Ultra Very Light Antique Bl...	11	DMC 720 Dark Orange Spice	18	DMC 152 Medium Light Shell Pink
5	DMC 648 Light Beaver Gray	12	DMC 721 Medium Orange Spice	19	DMC 225 Ultra Very Light Shell Pink
6	DMC 645 Very Dark Beaver Gray	13	DMC 722 Light Orange Spice	20	DMC 3722 Medium Shell Pink
7	DMC 647 Medium Beaver Gray	14	DMC 598 Light Turquoise	21	DMC 3822 Light Straw

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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