Zacapoaxtla style flowers and birds

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.4 in (10.9 × 11.2 cm).



Which color goes where: by number on page 2.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 699 Green**
  Leaves (darker), center stem, branches and stems
- **2 DMC 321 Red**
  Outer petals and heart, body rows, tail feathers and tulips (dark) and 1 more part
- **3 DMC 742 Light Tangerine**
  Body rows and tulips (light), tail eyes and collar and 6 more parts
- **4 DMC 797 Royal Blue**
  Tail feathers (darkest), wing feathers and tail eye centers (darker), head
- **5 DMC 3846 Light Bright Turquoise**
  Wing coverts and face, tail feathers (lightest)
- **6 DMC 3805 Cyclamen Pink**
  Tail feathers (light), wing shoulder, inner petals, throat and crest, tulips (middle)
- **7 DMC 970 Light Pumpkin**
  Middle petals, legs and toes, body rows (middle)
- **8 DMC 799 Medium Delft Blue**
  Wing feathers (lighter)
- **9 DMC 820 Very Dark Royal Blue**
  Wing knots, eye (darker)
- **10 DMC 701 Light Green**
  Tulip cups
- **11 DMC 703 Chartreuse**
  Leaves (lighter)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Tail feathers, tail eyes, tail eye centers, legs, wing feathers, wing coverts, wing shoulder, wing shoulder center, crest, throat, head, and 11 more
2. **Fishbone stitch**, 2 strands
   Leaves
3. **Stem stitch**, strands by part on page 2
   Stems, branches, body rows
4. **Straight stitch**, 2 strands
   Toes
5. **French knot**, 2 strands, two wraps
   Wing knots, crest knots, eye, collar, dahlia heart

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



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6 DMC 3805 Cyclamen Pink
7 DMC 970 Light Pumpkin
8 DMC 799 Medium Delft Blue
9 DMC 820 Very Dark Royal Blue
10 DMC 701 Light Green
11 DMC 703 Chartreuse

How many strands

Stem stitch. 4 strands: branches; 3 strands: stems, body rows.

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Zacapoaxtla style flowers and birds

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Zacapoaxtla style flowers and birds

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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