Zia

6 inch (15 cm) hoop, 4.7 × 4.5 in (11.9 × 11.4 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

12 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands, color 1
   Branches

2. **Fishbone stitch**
   2 strands, colors 1, 2, 3, 4
   Bay leaves



3. **Long and short stitch**
   1 strand, colors 5, 6, 7, 8
   Lemons



4. **Satin stitch**
   2 strands, colors 5, 7, 8, 9, 12
   Blossom petals, dot of the i, bow folds



5. **Straight stitch**, colors 1, 6
   2 strands: lemon stalks
   1 strand: lines of the blossom centers



6. **Split stitch**
   1 strand, colors 4, 6, 11, 12
   Lemon edges, blossom edges, bow edges

7. **Padded satin stitch**
   2 strands, colors 10, 11
   Letters, bow tails, bow loops, bow knot



8. **French knot**
   1 strand, two wraps, color 7
   Knots of the blossom centers



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 895 Very Dark Hunter Green	**5**	DMC 445 Light Lemon	**9**	DMC 3865 Winter White
2	DMC 3347 Medium Yellow Green	**6**	DMC 783 Medium Topaz	**10**	DMC 321 Red
3	DMC 3346 Hunter Green	**7**	DMC 725 Medium Light Topaz	**11**	DMC 498 Dark Red
4	DMC 3053 Green Gray	**8**	DMC 726 Light Topaz	**12**	DMC 815 Medium Garnet

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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