Zinnia coaster

6 inch (15 cm) hoop, 3.9 × 3.9 in (9.9 × 9.9 cm)



Colors by number: page 2.
Fabric: black cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of black cotton or linen.

An embroidery needle, size 7.

7 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands, color 2
   Stems

2. **Fishbone stitch**
   2 strands, colors 2, 5
   Tulip leaves, leaves



3. **Satin stitch**
   2 strands, colors 2, 3, 4, 6, 7
   Tulips, tulip centers, buds, bud petals, bud cups, outer petals, middle petals, inner petals, heart



4. **Chain stitch**, 3 strands, color 1
   Ring



5. **French knot**
   2 strands, two wraps, color 4
   Crown



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 3846 Light Bright Turquoise
2 DMC 704 Bright Chartreuse
3 DMC 3804 Dark Cyclamen Pink
4 DMC 725 Medium Light Topaz
5 DMC 3810 Dark Turquoise
6 DMC 3340 Medium Apricot
7 DMC 3823 Ultra Pale Yellow

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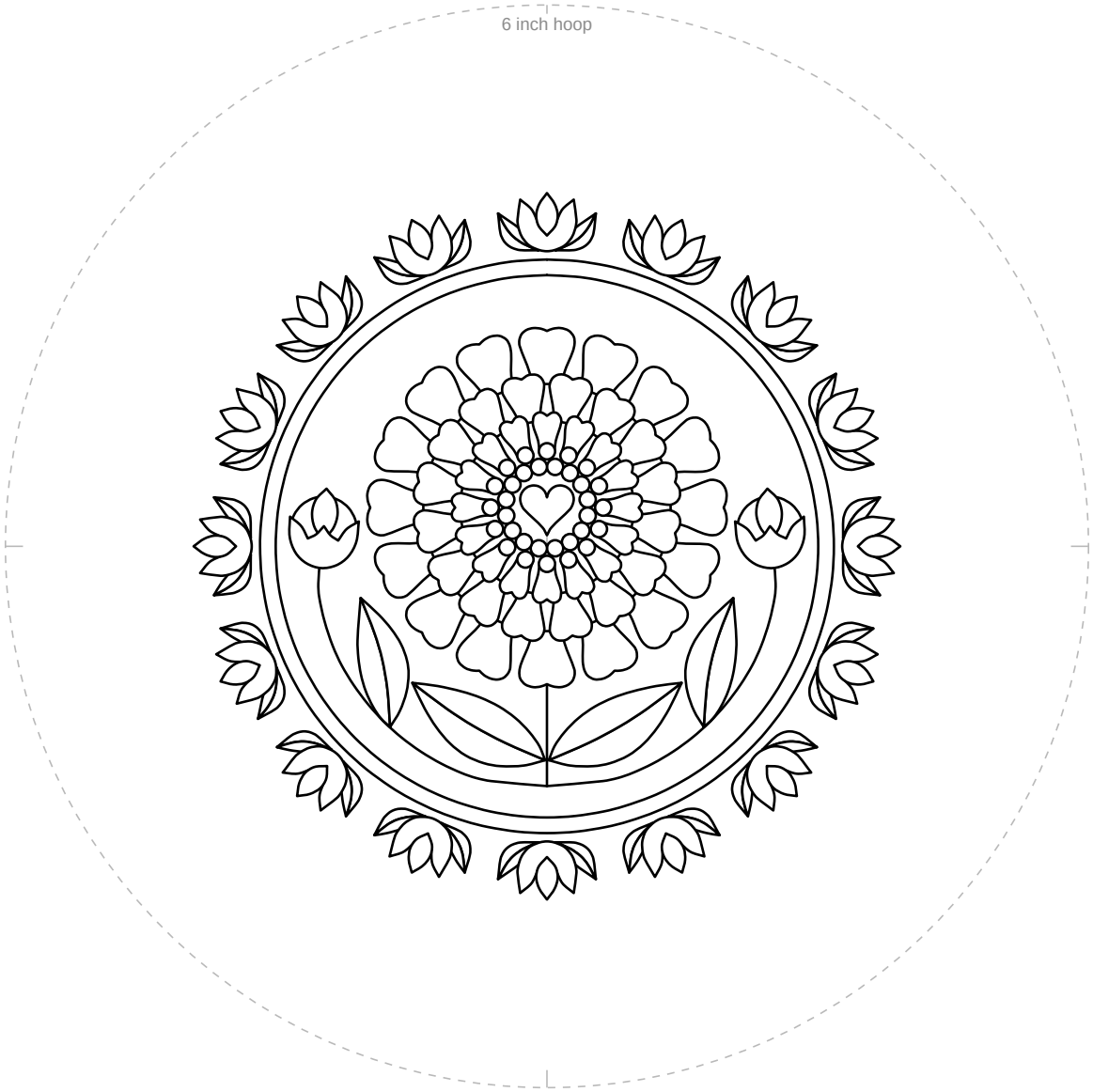
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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