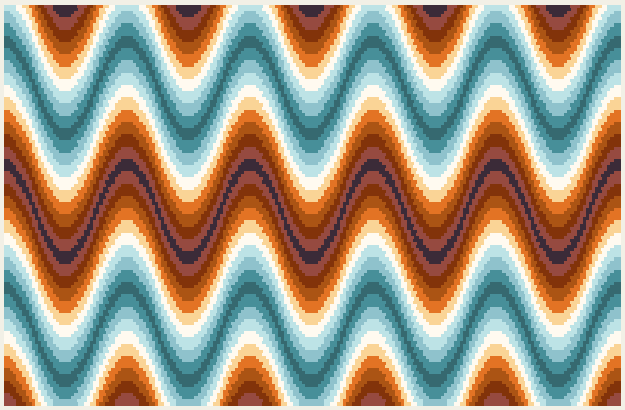
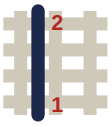
Wave lumbar pillow, 20 by 13 inches

Needlepoint pattern | 200 x 130 canvas threads | 20 x 13 in (50.8 x 33 cm) on 10 mesh | 11 colors



How to stitch it



1. Each bar is one upright stitch over 4 canvas threads: up at 1, down at 2. A shorter bar is a shorter stitch.
2. Cut 18 in of thread. Start and end it without a knot left behind.
3. Mark the middle of the canvas. Start there with the row that has the heavy outline, out to both edges.
4. One square up is one canvas thread; one column is one line of holes. Gray squares are on two pages: stitch them once.
5. Last, two rows of tent stitch all round in DMC 3858: the seam hides them.

The row to begin with, the one with the heavy outline, is in DMC 922. Going up from it the colors come in this order, and then again: 922, 3855, 712, 3811, 598, 3810, 3808, 3810, 598, 3811, 712, 3855, 922, 920, 918, 3858, 3371, 3858, 918, 920.

What you need

Canvas: blank mono canvas, 10 mesh (10 threads to the inch), cut 24.5 in wide x 17.5 in high (62.2 x 44.5 cm).

Needle: blunt tapestry, size 18. Also masking tape for the cut edges, and small scissors.

Thread: pearl cotton size 3, 11 colors, about 33 skeins in all (an estimate). Stitch with 2 lengths together.

Make it a pillow: backing fabric, an insert the size of the stitching or an inch larger, and cord or piping for the edge. How to finish a pillow.

First time? What is bargello: flossfield.com/needlepoint/guides/what-is-bargello/#how-to-begin

Thread list, DMC

			squares	skeins
●	**3810**	Dark Turquoise	3,200	4
■	**598**	Light Turquoise	3,150	4
▲	**3811**	Very Light Turquoise	2,960	3
◆	**712**	Cream	2,730	3
▼	**3855**	Light Autumn Gold	2,570	3
★	**922**	Light Copper	2,430	3
❖	**920**	Medium Copper	2,300	3
X	**918**	Dark Red Copper	2,160	3
H	**3858**	Medium Rosewood	1,970	4
+	**3808**	Ultra Very Dark Turquoise	1,600	2
=	**3371**	Black Brown	930	1

Skeins are estimates, with the two extra rows: the thread a stitch takes on the front and back of 10 mesh canvas, plus 30 percent, rounded up for each color.

Thread colors are approximate screen matches to DMC numbers. Check against real thread before you buy.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Wave lumbar pillow, 20 by 13 inches

Needlepoint pattern

Columns 1 to 100, rows 1 to 65

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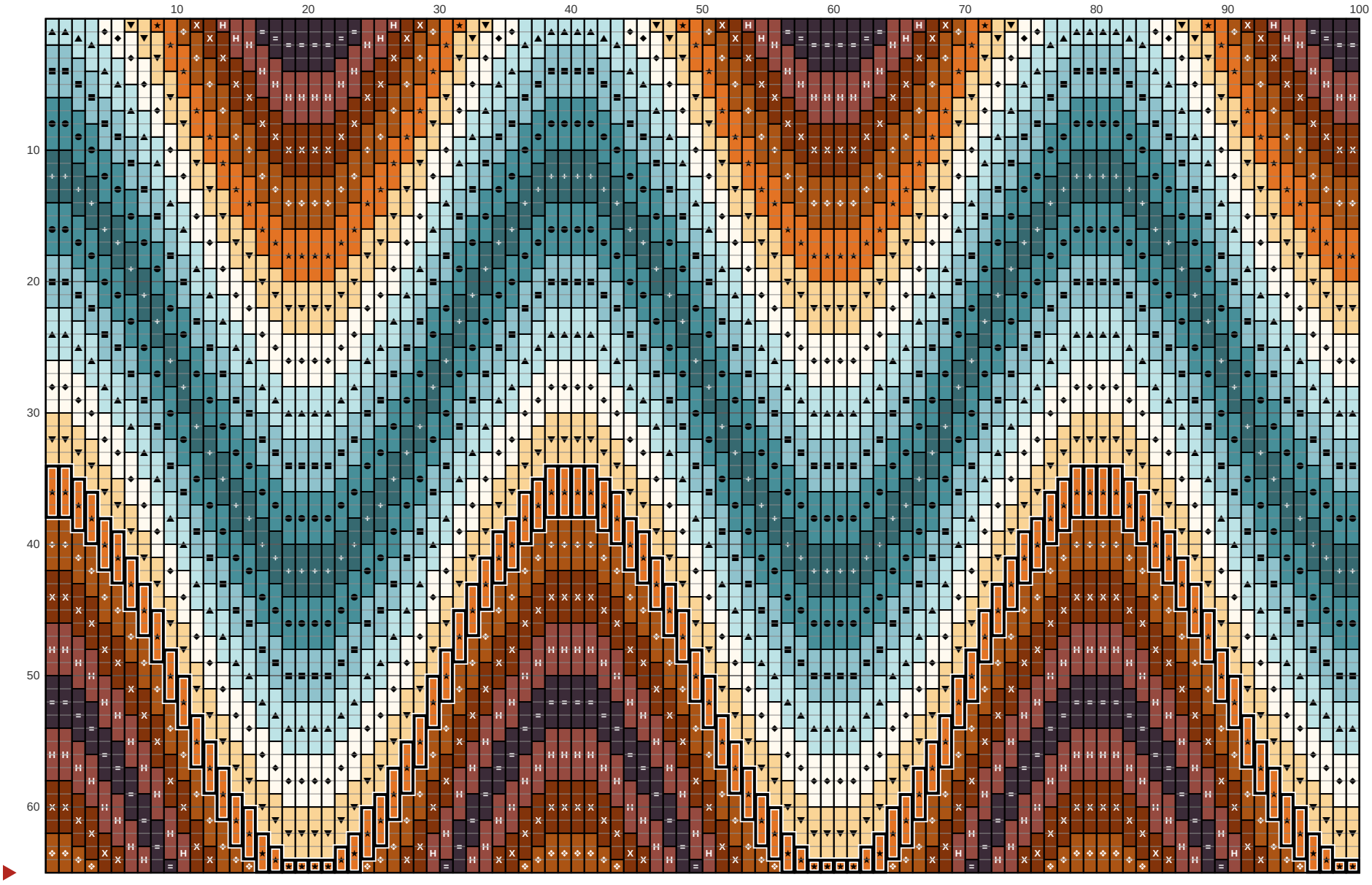

Wave lumbar pillow, 20 by 13 inches

Needlepoint pattern

Columns 101 to 200, rows 1 to 65. Gray squares: charted already, do not stitch again

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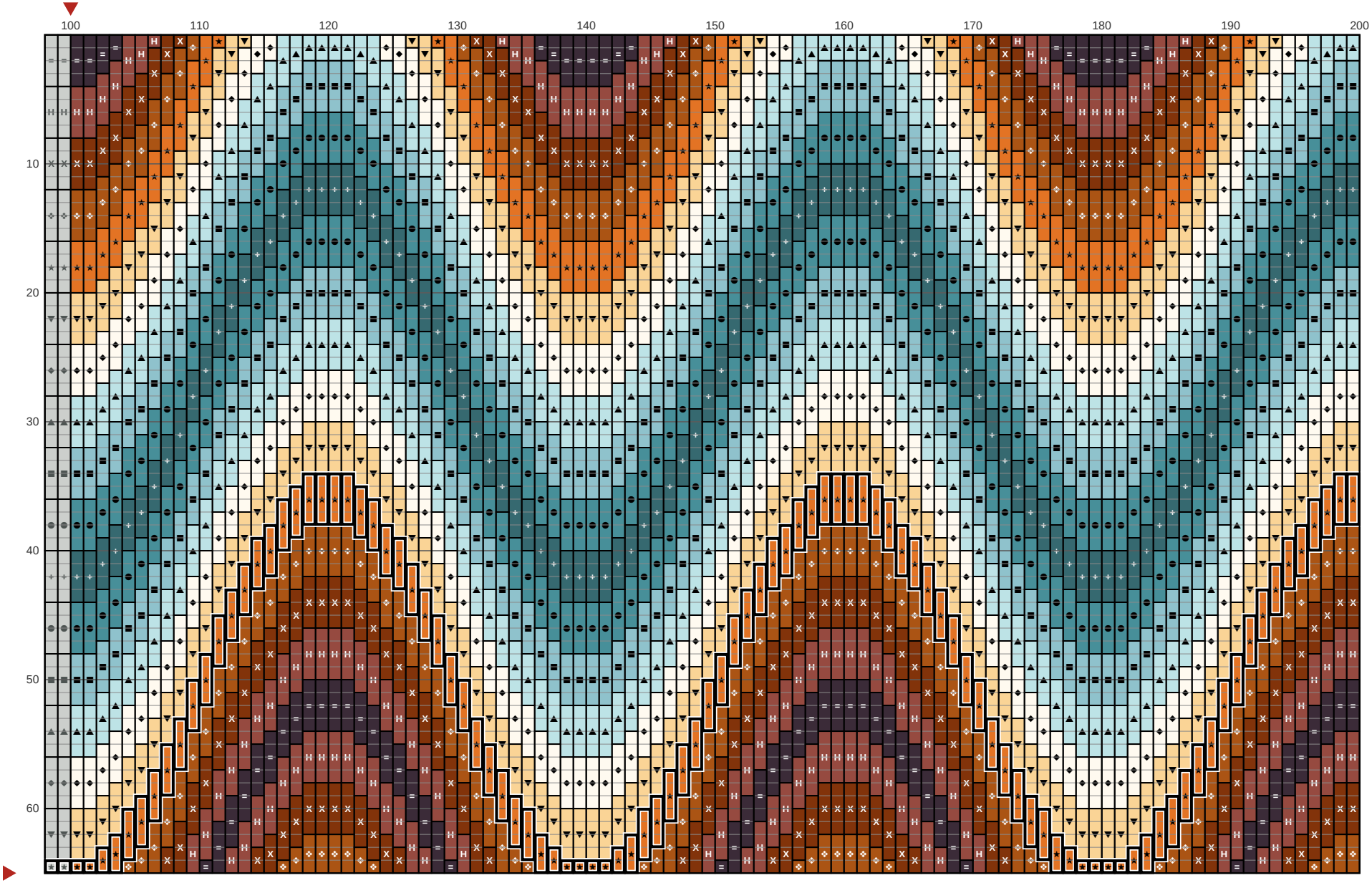

Wave lumbar pillow, 20 by 13 inches

Needlepoint pattern

Columns 1 to 100, rows 66 to 130. Gray squares: charted already, do not stitch again

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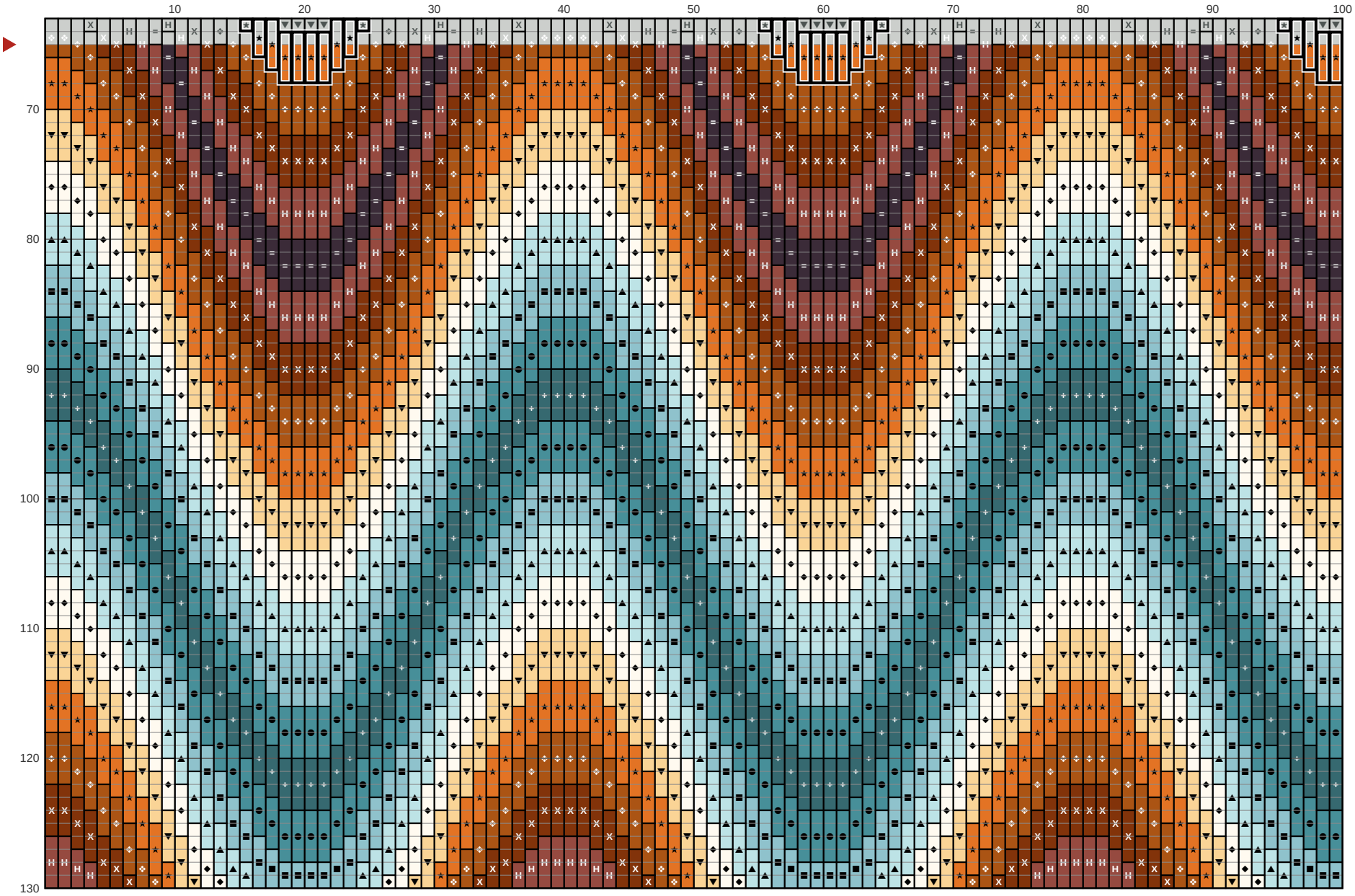

Wave lumbar pillow, 20 by 13 inches

Needlepoint pattern

Columns 101 to 200, rows 66 to 130. Gray squares: charted already, do not stitch again

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