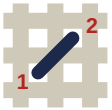
Seven virtues: heart, anchor and scales

Needlepoint pattern | 140 x 140 stitches | 14 x 14 in (35.6 x 35.6 cm) on 10 mesh | 24 colors



How to stitch it



1. Each square is one tent stitch, up at 1, down at 2. Lines in continental, right to left, the canvas upside down for the next row; wide areas in basketweave.
2. Cut 18 in of thread. Start and end it without a knot left behind.
3. Mark the middle of the canvas. It is the outlined square on page 2, column 70, row 70 (DMC 745): start there. Count threads, not holes.
4. Go on from it: picture first, background last. Gray squares are on two pages: stitch them once.
5. Last, two more rows all round in DMC 304: the seam hides them.

First time? How to needlepoint: flossfield.com/needlepoint/guides/how-to-start/
How to read a chart: flossfield.com/needlepoint/guides/how-to-read-a-chart/

What you need

Canvas: blank mono canvas, 10 mesh (10 threads to the inch), cut 18.5 in square (47 cm).

Needle: blunt tapestry, size 18. Also masking tape for the cut edges, and small scissors.

Thread: pearl cotton size 3, 24 colors, about 48 skeins in all (an estimate). Stitch with 2 lengths together.

Make it a pillow: backing fabric, an insert the size of the stitching or an inch larger, and cord or piping for the edge. How to finish a pillow.

Thread list, DMC

			stitches	skeins
●	310	Black	4,652	7
■	304	Medium Red	3,800	8
▲	814	Dark Garnet	2,348	4
◆	782	Dark Topaz	2,161	4
▼	780	Ultra Very Dark Topaz	1,693	3
★	3820	Dark Straw	1,472	3
❖	890	Ultra Dark Pistachio Green	1,094	2
X	820	Very Dark Royal Blue	563	1
H	BLANC	White	223	1
+	3753	Ultra Very Light Antique Blue	184	1
=	932	Light Antique Blue	174	1
Z	798	Dark Delft Blue	166	1
A	739	Ultra Very Light Tan	148	1
V	783	Medium Topaz	141	1
T	350	Medium Coral	133	1
N	3032	Medium Mocha Brown	127	1
S	745	Light Pale Yellow	125	1
K	319	Very Dark Pistachio Green	96	1
E	930	Dark Antique Blue	95	1
C	906	Medium Parrot Green	84	1
P	741	Medium Tangerine	42	1
U	946	Medium Burnt Orange	29	1
L	519	Sky Blue	27	1
2	352	Light Coral	23	1

Skeins are estimates, with the two extra rows: the thread a stitch takes on the front and back of 10 mesh canvas, plus 30 percent, rounded up for each color.

Thread colors are approximate screen matches to DMC numbers. Check against real thread before you buy.

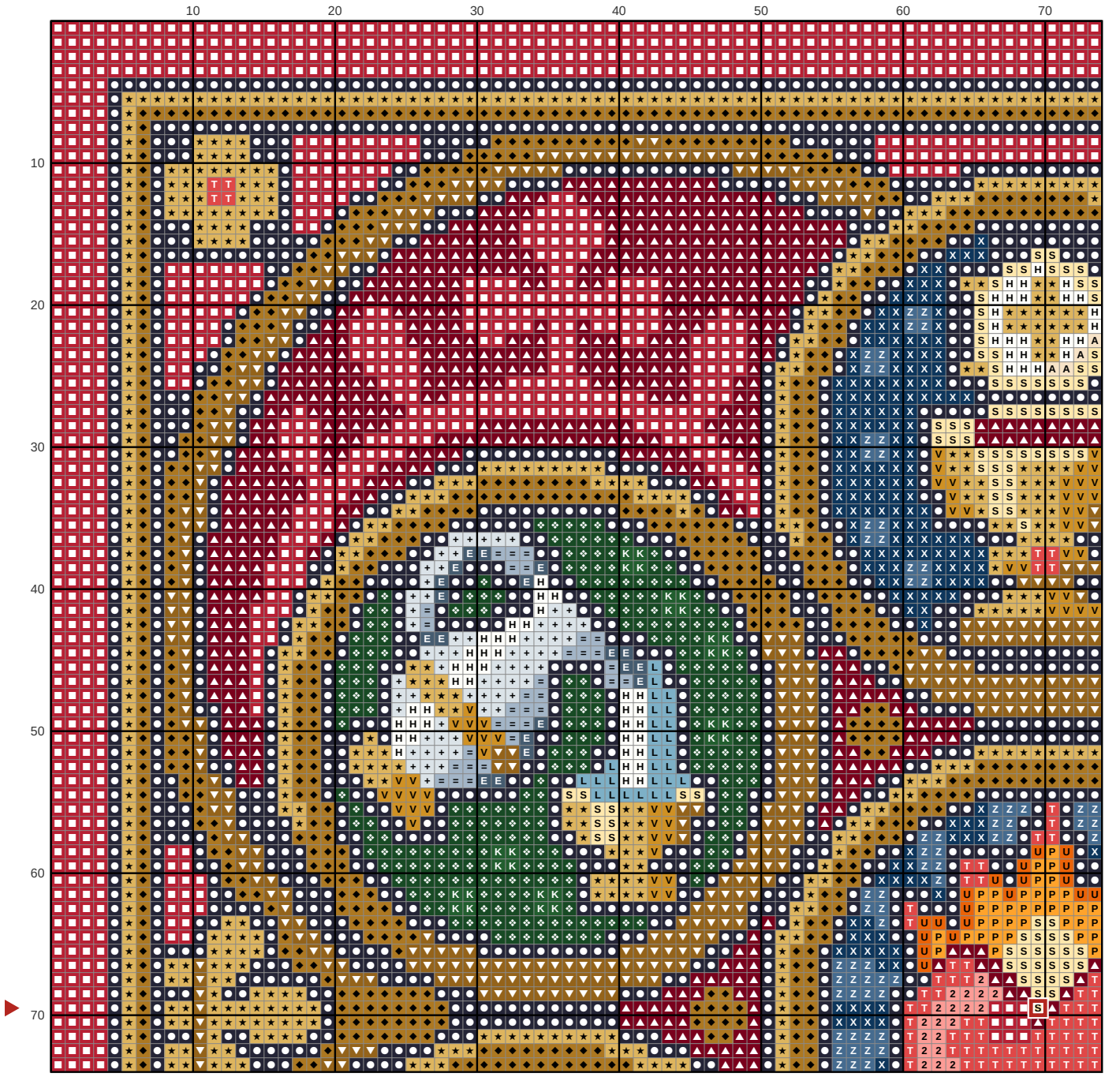
For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Seven virtues: heart, anchor and scales

Needlepoint pattern

Columns 1 to 74, rows 1 to 74. Start at the red outline

This page is the dark part of the chart



Key

- ● **DMC 310** Black
- ■ **DMC 304** Medium Red
- ▲ **DMC 814** Dark Garnet
- ◆ **DMC 782** Dark Topaz
- ▼ **DMC 780** Ultra Very Dark Topaz
- ★ **DMC 3820** Dark Straw
- ❖ **DMC 890** Ultra Dark Pistachio Green
- X **DMC 820** Very Dark Royal Blue
- H **DMC BLANC** White
- \+ **DMC 3753** Ultra Very Light Antique Blue
- = **DMC 932** Light Antique Blue
- Z **DMC 798** Dark Delft Blue
- A **DMC 739** Ultra Very Light Tan
- V **DMC 783** Medium Topaz
- T **DMC 350** Medium Coral
- S **DMC 745** Light Pale Yellow
- K **DMC 319** Very Dark Pistachio Green
- E **DMC 930** Dark Antique Blue
- P **DMC 741** Medium Tangerine
- U **DMC 946** Medium Burnt Orange
- L **DMC 519** Sky Blue
- 2 **DMC 352** Light Coral

Seven virtues: heart, anchor and scales Needlepoint pattern

Columns 75 to 140, rows 1 to 74. Gray squares: charted already, do not stitch again

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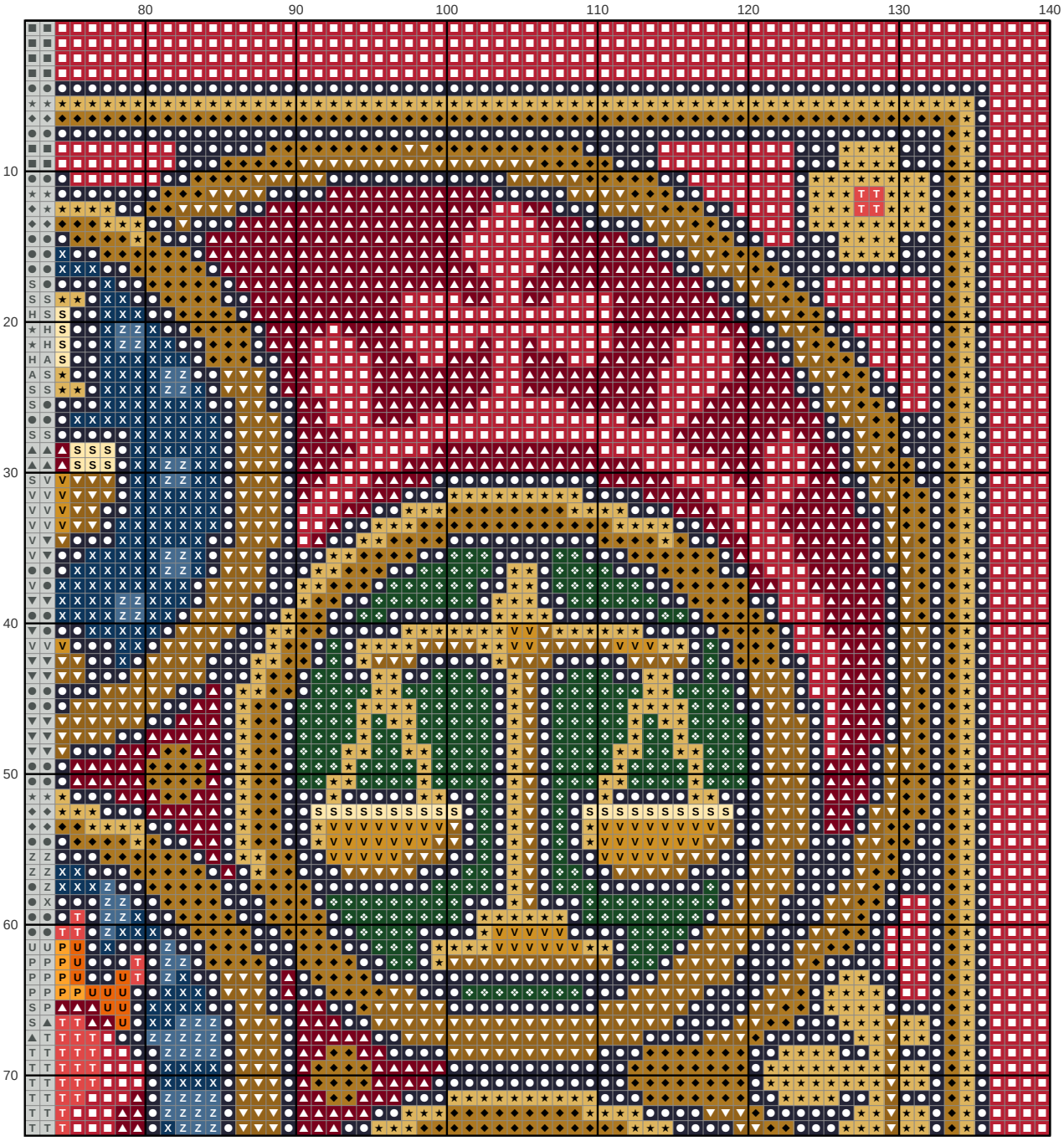

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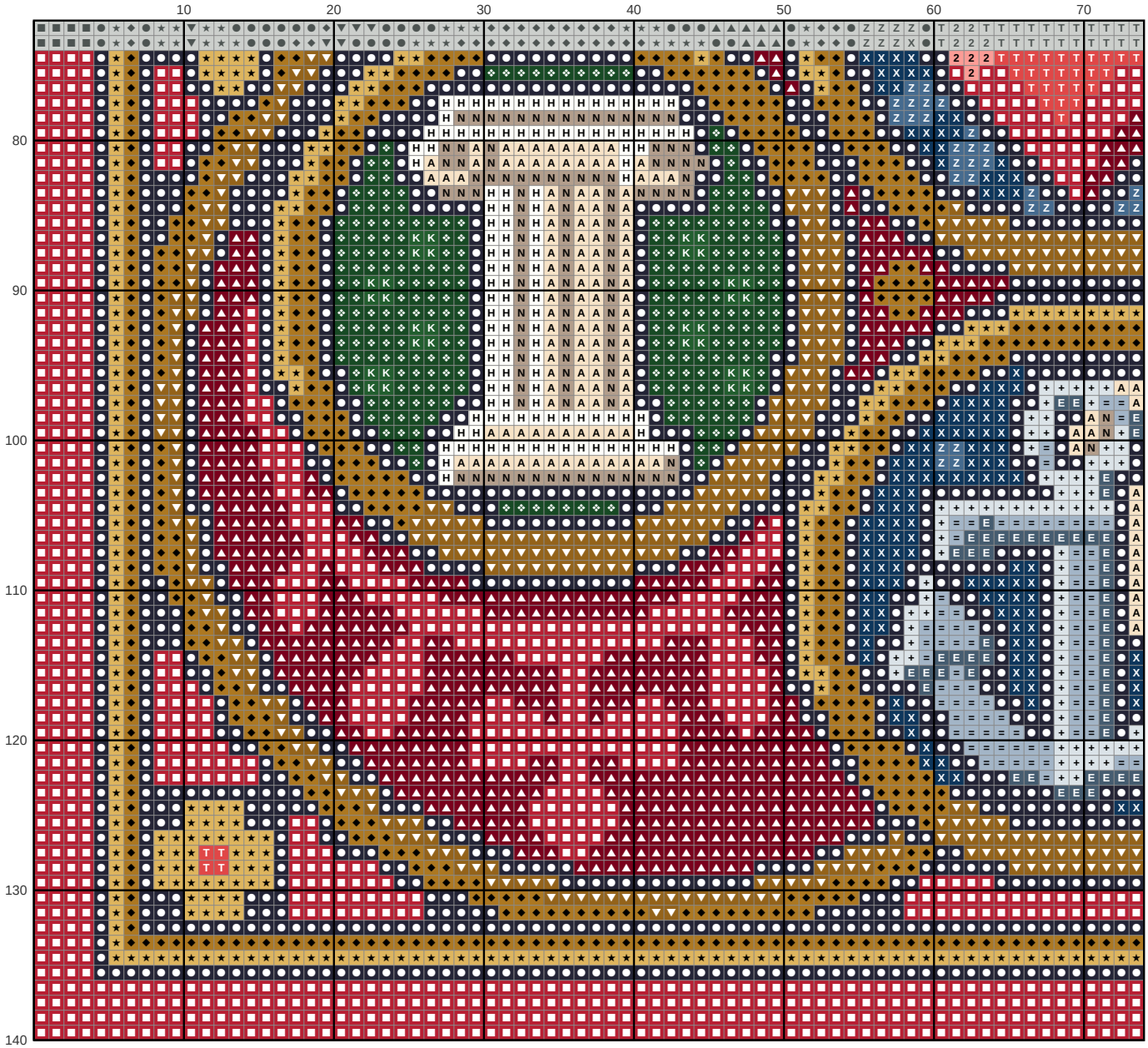

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- **DMC BLANC** White
- **DMC 3753** Ultra Very Light Antique Blue
- **DMC 932** Light Antique Blue
- **DMC 798** Dark Delft Blue
- **DMC 739** Ultra Very Light Tan
- **DMC 350** Medium Coral
- **DMC 3032** Medium Mocha Brown
- **DMC 319** Very Dark Pistachio Green
- **DMC 930** Dark Antique Blue
- **DMC 352** Light Coral

Seven virtues: heart, anchor and scales Needlepoint pattern

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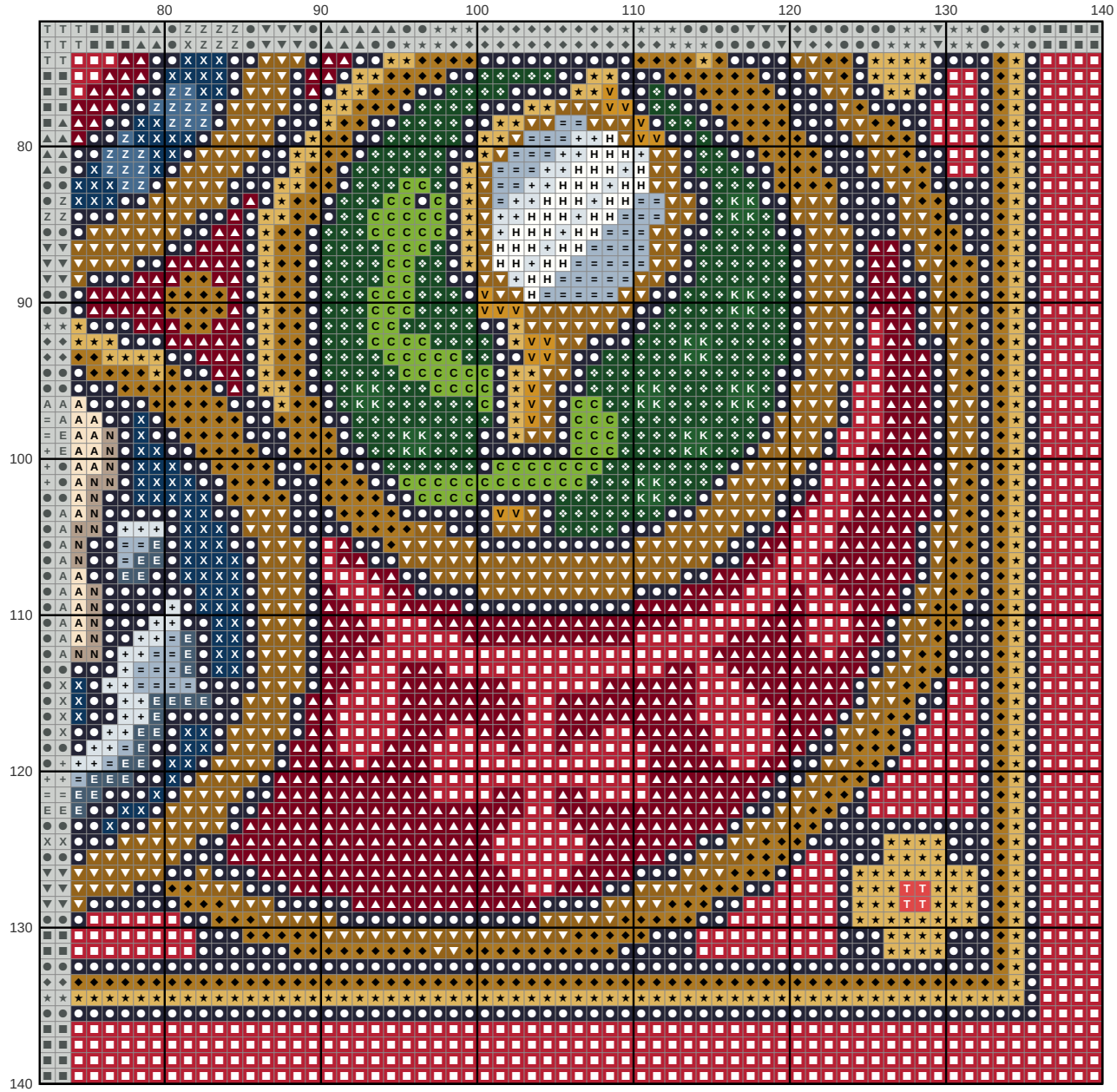

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