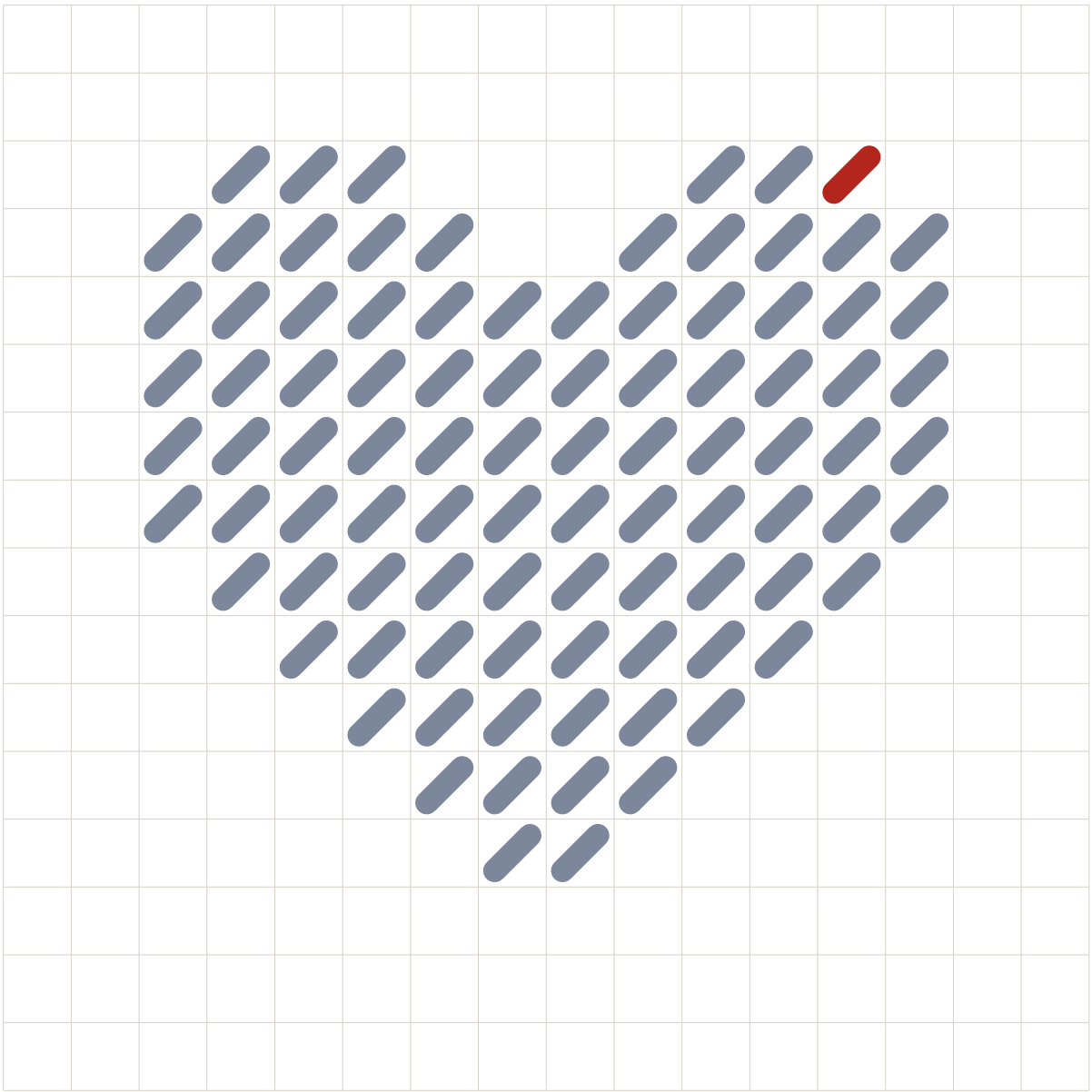
A heart for a first lesson

16 squares by 16 | 94 stitches for the heart and 162 for the ground

Each slanting mark is one stitch of the heart, and each empty square is one stitch of the ground. The red one is the first.



You need

- 7 count plastic canvas, a square of 18 bars each way: about 2 1/2 in (6.5 cm)
- a blunt tapestry needle, size 16
- worsted yarn: about 2 yards for the heart, 3 for the ground and 1 1/2 for the edge (estimates)

Mark the top with tape. Begin at the red stitch, over bar 4 from the top and bar 5 from the right. Work from right to left, and turn the square and this chart upside down at the end of every row.

For your own stitching, gifts and handmade pieces you sell.