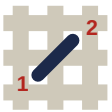
Swimmer pillow, seen from above

Needlepoint pattern | 160 x 120 stitches | 16 x 12 in (40.6 x 30.5 cm) on 10 mesh | 17 colors



How to read the chart



1. Each square is one tent stitch, up at 1, down at 2: basketweave for the background, continental for lines.
2. Bind the edges. Cut 18 in of thread; start and end it without a knot left behind.
3. Mark the middle of the canvas. It is the outlined square on page 2 (DMC 350): start there. Count threads, not holes.
4. Picture first, then border, background last. Gray squares are on two pages: stitch them once.
5. A heavier line stands every ten squares: count by them.
6. When it is done, block it square.

flossfield.com/needlepoint/guides/how-to-read-a-chart/

You will need

Canvas: blank mono canvas, 10 mesh (10 threads to the inch), cut 20 x 16 in (50.8 x 40.6 cm).

Needle: tapestry, size 16 or 18. Also masking tape for the cut edges, and small scissors.

Thread: pearl cotton size 3, 2 strands in the needle, about 40 skeins in all (an estimate).

Make it a pillow: backing fabric, an insert the size of the stitching or an inch larger, and cord or piping for the edge. The seam takes two rows: stitch two extra rows all round, carrying the colors of the edge on. With those rows, each stitch in the color it lies beside, it takes 17 skeins of DMC 3845, not 16. How to finish a pillow.

Thread list, DMC

			stitches	skeins
●	3845	Medium Bright Turquoise	10,149	16
□	517	Dark Wedgwood	1,783	3
▲	995	Dark Electric Blue	1,687	3
◆	3846	Light Bright Turquoise	1,458	3
▼	BLANC	White	979	2
★	434	Light Brown	689	2
❖	436	Tan	614	1
X	801	Dark Coffee Brown	505	1
O	350	Medium Coral	270	1
+	3761	Light Sky Blue	197	1
=	725	Medium Light Topaz	189	1
Z	445	Light Lemon	133	1
A	817	Very Dark Coral Red	127	1
V	938	Ultra Dark Coffee Brown	122	1
T	352	Light Coral	118	1
N	783	Medium Topaz	105	1
S	307	Lemon	75	1

Skeins are estimates: the thread a stitch takes on the front and back of 10 mesh canvas, plus 30 percent, rounded up for each color.

Thread colors are approximate screen matches to DMC numbers. Check against real thread before you buy.

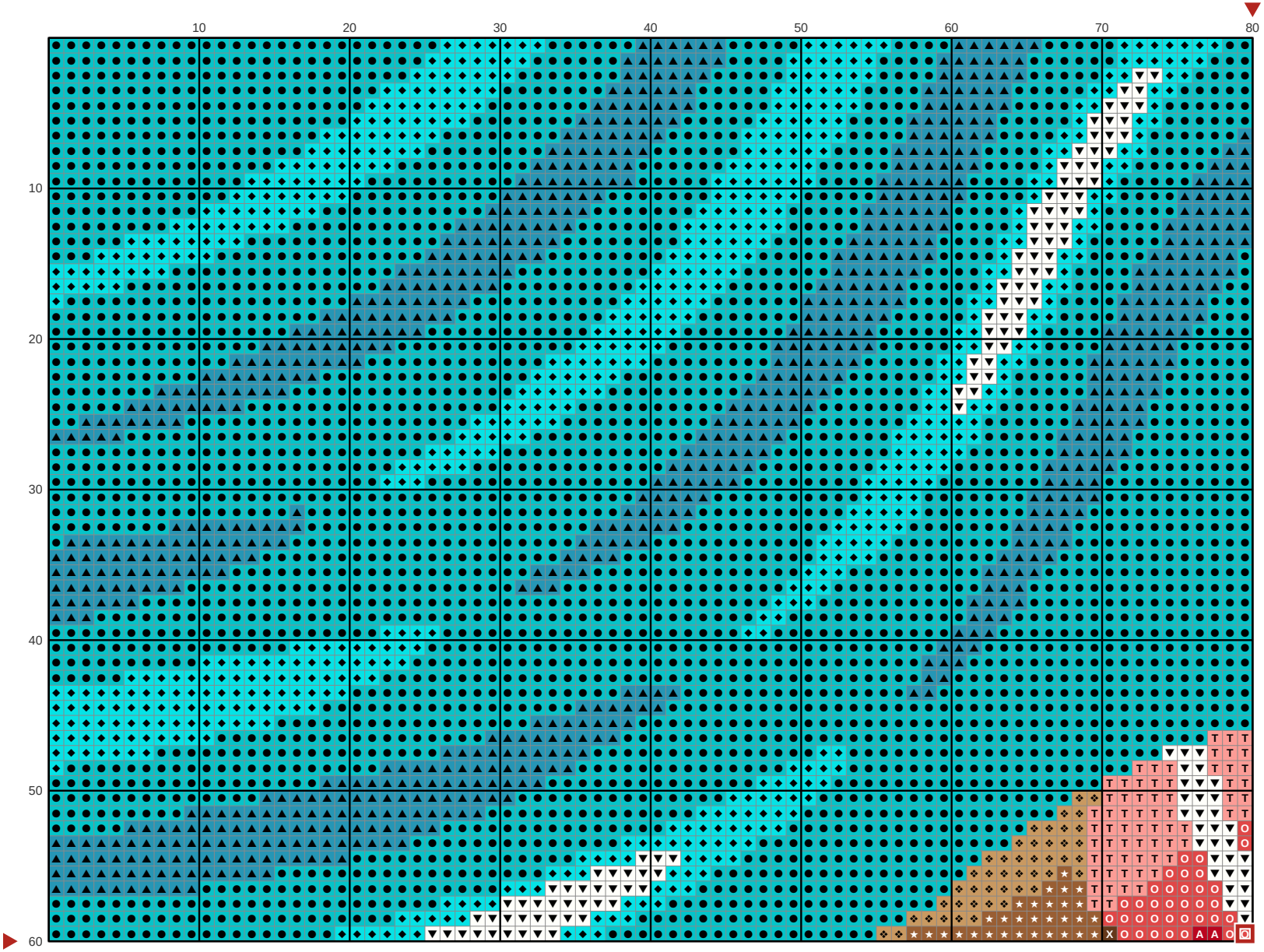
For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Swimmer pillow, seen from above

Needlepoint pattern

Chart 1 of 4: columns 1 to 80, rows 1 to 60. Start at the red outline

This page is the dark part of the chart



Key

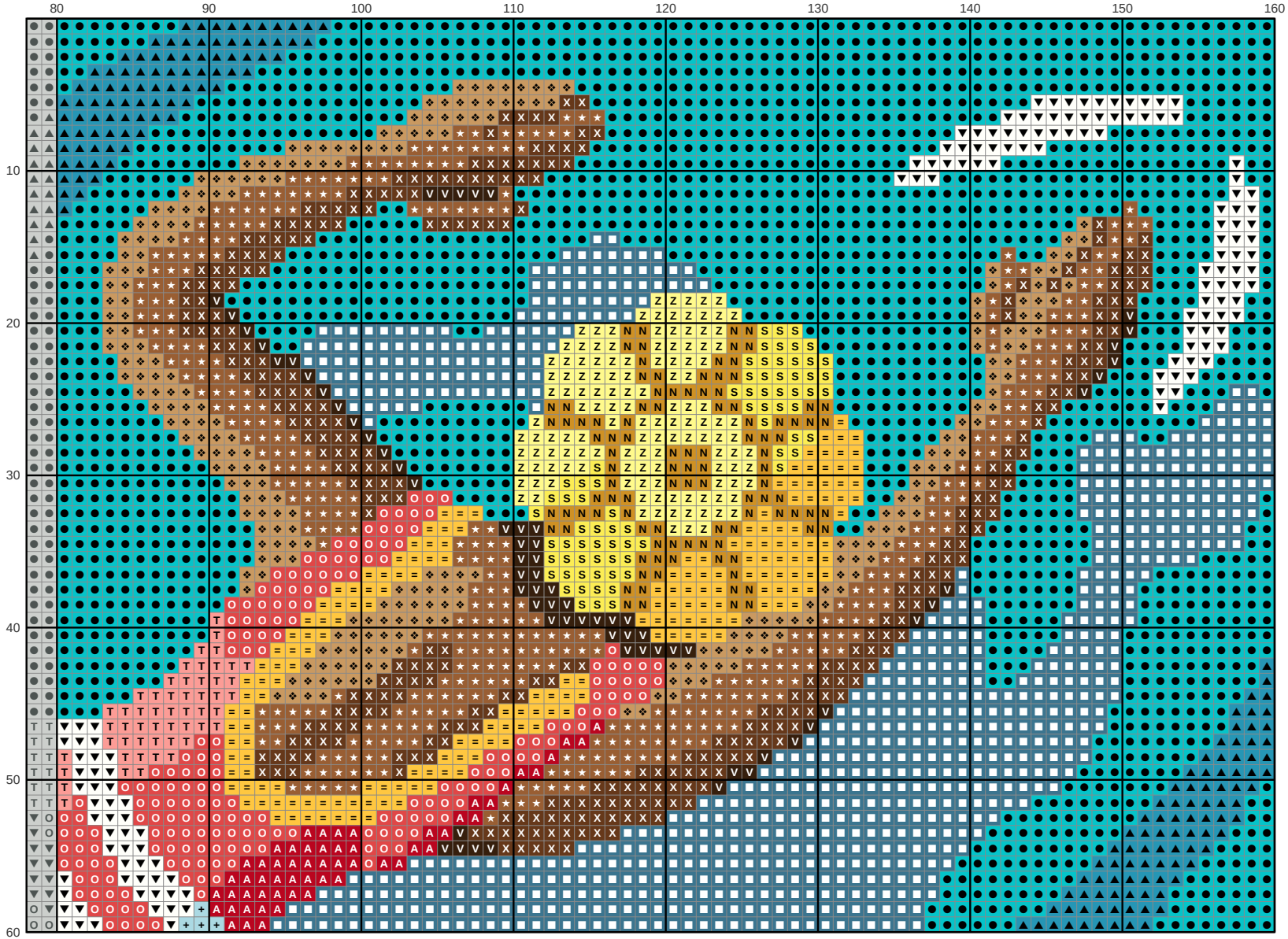
- **DMC 3845** Medium Bright Turquoise
- **DMC 995** Dark Electric Blue
- **DMC 3846** Light Bright Turquoise
- **DMC BLANC** White
- **DMC 434** Light Brown
- **DMC 436** Tan
- **DMC 801** Dark Coffee Brown
- **DMC 350** Medium Coral
- **DMC 817** Very Dark Coral Red
- **DMC 352** Light Coral

Swimmer pillow, seen from above

Needlepoint pattern

Chart 2 of 4: columns 81 to 160, rows 1 to 60. Gray squares repeat columns 79 and 80: do not stitch them twice

This page is the dark part of the chart



Key

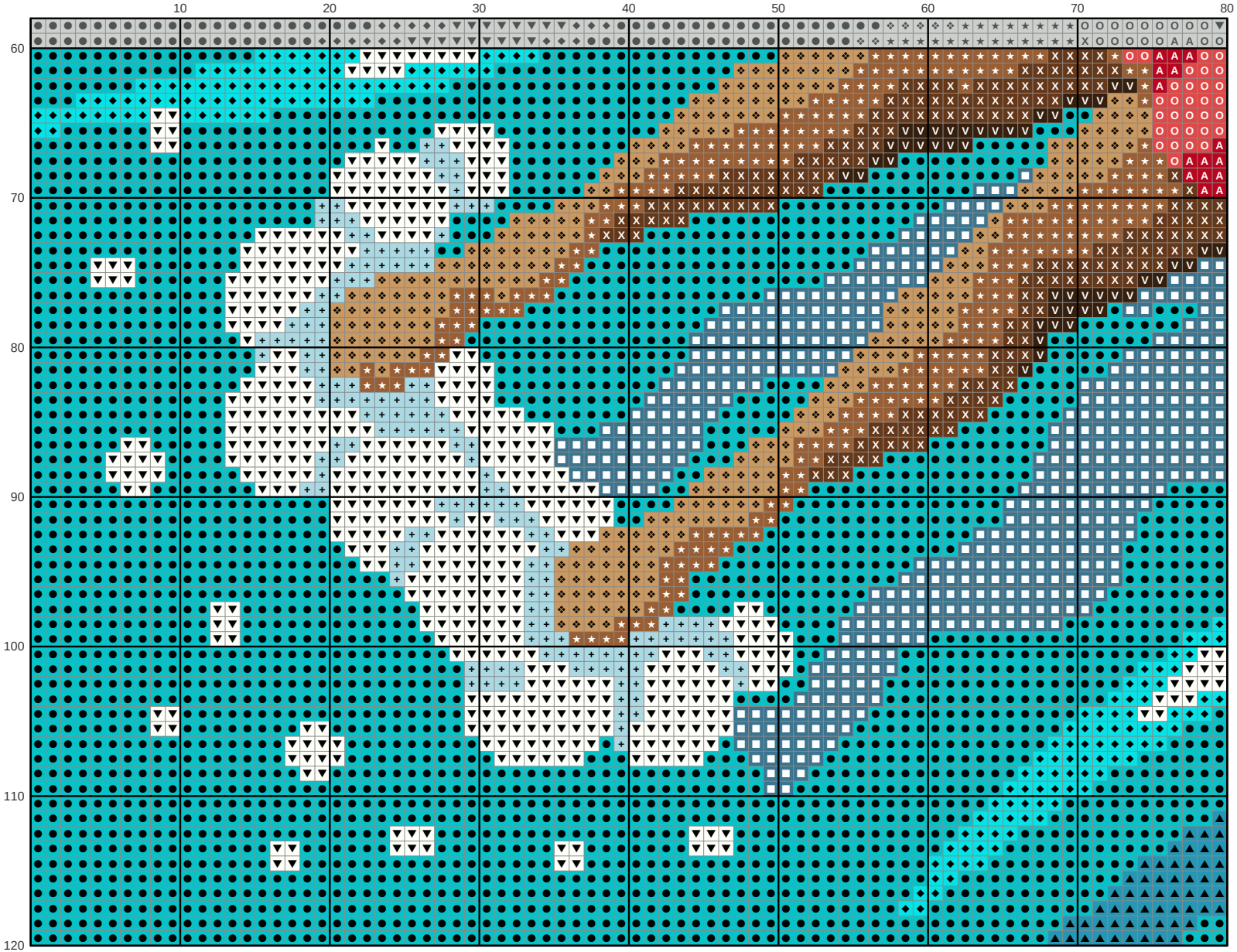
- **DMC 3845** Medium Bright Turquoise
- **DMC 517** Dark Wedgwood
- **DMC 995** Dark Electric Blue
- **DMC BLANC** White
- **DMC 434** Light Brown
- **DMC 436** Tan
- **DMC 801** Dark Coffee Brown
- **DMC 350** Medium Coral
- **DMC 3761** Light Sky Blue
- **DMC 725** Medium Light Topaz
- **DMC 445** Light Lemon
- **DMC 817** Very Dark Coral Red
- **DMC 938** Ultra Dark Coffee Brown
- **DMC 352** Light Coral
- **DMC 783** Medium Topaz
- **DMC 307** Lemon

Swimmer pillow, seen from above

Needlepoint pattern

Chart 3 of 4: columns 1 to 80, rows 61 to 120. Gray squares repeat rows 59 and 60: do not stitch them twice

This page is the dark part of the chart



Key

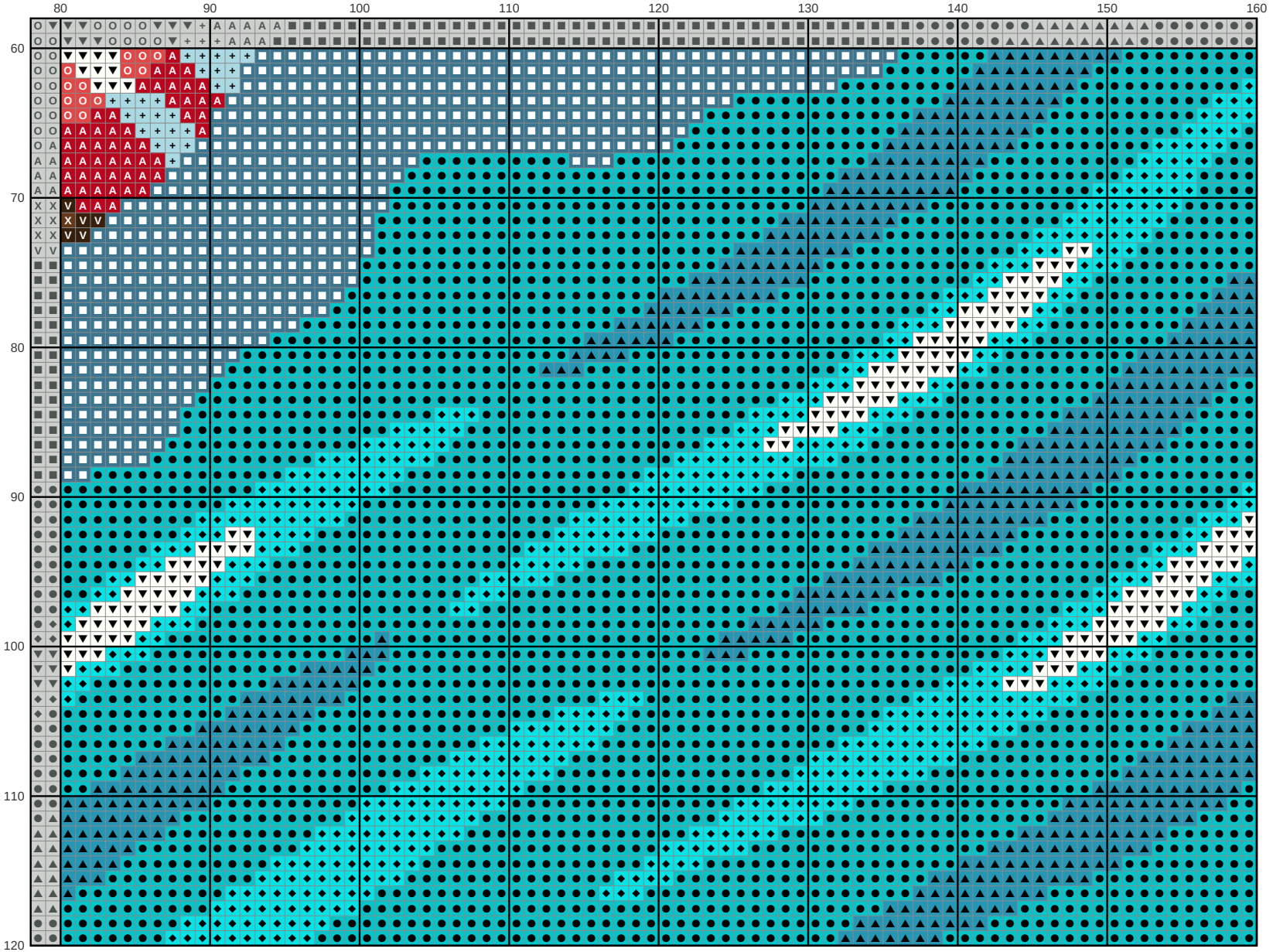
- **DMC 3845** Medium Bright Turquoise
- **DMC 517** Dark Wedgwood
- **DMC 995** Dark Electric Blue
- **DMC 3846** Light Bright Turquoise
- **DMC BLANC** White
- **DMC 434** Light Brown
- **DMC 436** Tan
- **DMC 801** Dark Coffee Brown
- **DMC 350** Medium Coral
- **DMC 3761** Light Sky Blue
- **DMC 817** Very Dark Coral Red
- **DMC 938** Ultra Dark Coffee Brown

Swimmer pillow, seen from above

Needlepoint pattern

Chart 4 of 4: columns 81 to 160, rows 61 to 120. Gray squares repeat columns 79 and 80 and rows 59 and 60: do not stitch them twice

This page is the dark part of the chart



Key

- ● **DMC 3845** Medium Bright Turquoise
- □ **DMC 517** Dark Wedgwood
- ▲ **DMC 995** Dark Electric Blue
- ◆ **DMC 3846** Light Bright Turquoise
- ▼ **DMC BLANC** White
- X **DMC 801** Dark Coffee Brown
- O **DMC 350** Medium Coral
- \+ **DMC 3761** Light Sky Blue
- A **DMC 817** Very Dark Coral Red
- V **DMC 938** Ultra Dark Coffee Brown