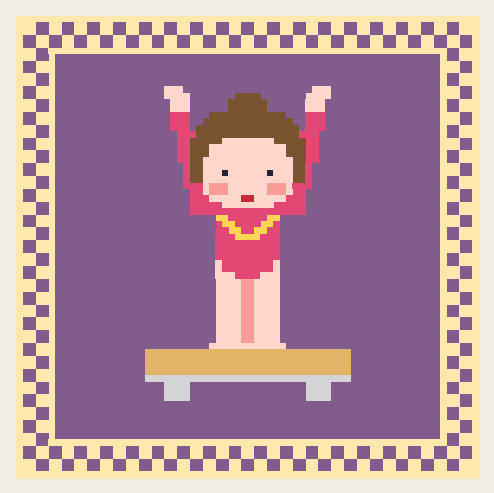
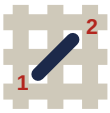
Whimsical gymnast

Needlepoint pattern | 72 x 72 stitches | 4 x 4 in (10.2 x 10.2 cm) on 18 mesh | 11 colors



How to stitch it



1. Each square is one tent stitch, up at 1, down at 2. Lines in continental, right to left, the canvas upside down for the next row; wide areas in basketweave.
2. Cut 18 in of thread. Start and end it without a knot left behind.
3. Mark the middle of the canvas. It is the outlined square, column 36, row 36 (DMC 602): start there. Count threads, not holes.
4. Go on from it: picture first, background last. End the thread before crossing another color.
5. Last, two more rows all round in DMC 745: the board's edge hides them.

First time? How to needlepoint: flossfield.com/needlepoint/guides/how-to-start/
How to read a chart: flossfield.com/needlepoint/guides/how-to-read-a-chart/

What you need

Canvas: blank mono canvas, 18 mesh (18 threads to the inch), cut 8.5 in square (21.6 cm).

Needle: blunt tapestry, size 22. Also masking tape for the cut edges, and small scissors.

Thread: six-strand floss, 11 colors, about 14 skeins in all (an estimate). Stitch with 4 strands (5 or 6 if canvas shows).

Make it an ornament: board, thin batting, backing fabric and twisted cord.
How to finish an ornament.

Thread list, DMC

			stitches	skeins
□	**208**	Very Dark Lavender	3,368	3
●	**745**	Light Pale Yellow	1,056	2
▲	**353**	Peach	248	1
▼	**602**	Medium Cranberry	164	1
+	**728**	Topaz	128	1
◆	**433**	Medium Brown	112	1
=	**415**	Pearl Gray	56	1
❖	**352**	Light Coral	32	1
H	**726**	Light Topaz	16	1
★	**310**	Black	2	1
X	**321**	Red	2	1

Skeins are estimates, with the two extra rows: the thread a stitch takes on the front and back of 18 mesh canvas, plus 30 percent, rounded up for each color.

Thread colors are approximate screen matches to DMC numbers. Check against real thread before you buy.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

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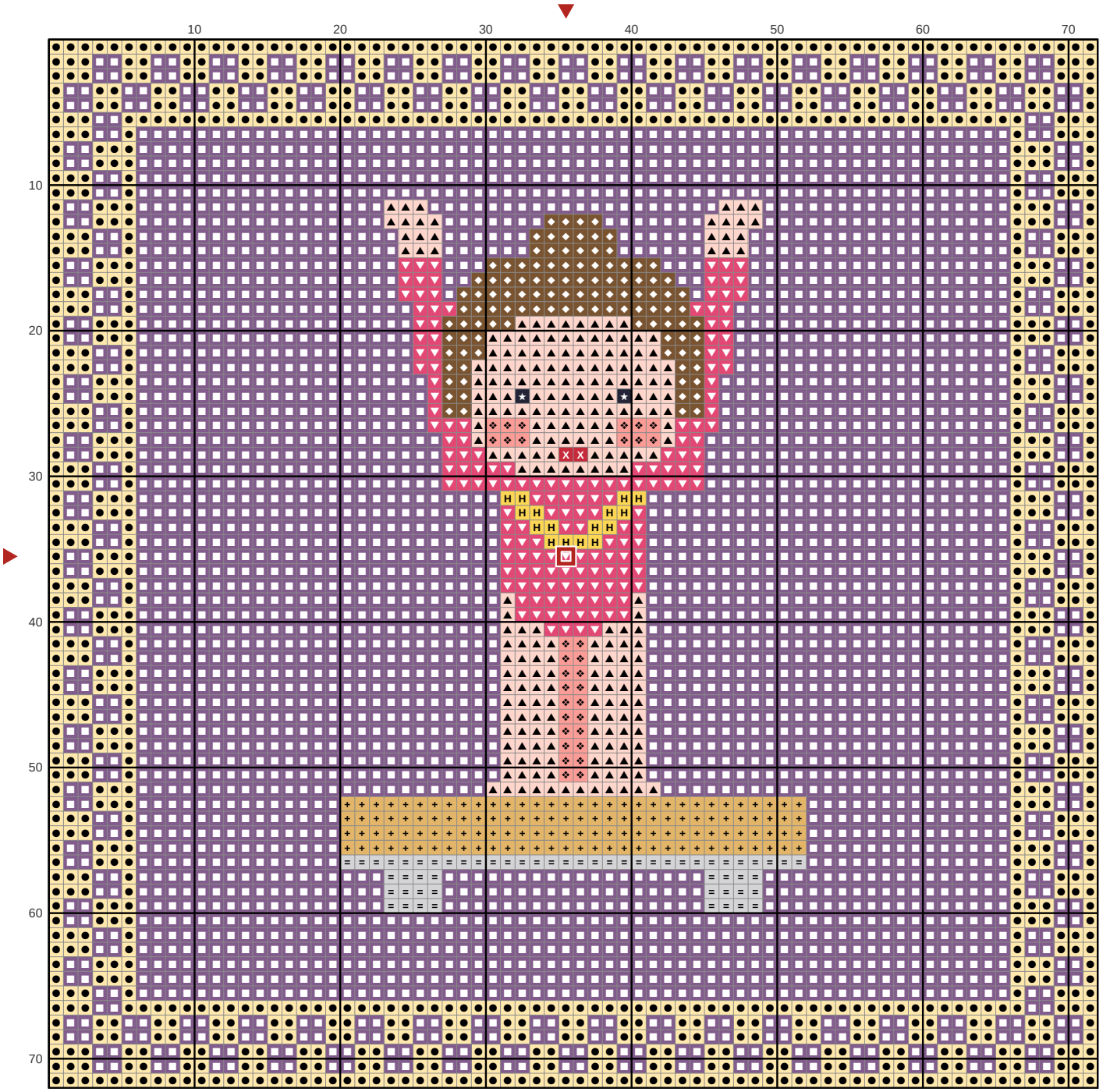
Chart: 72 x 72 stitches. Start at the red outline



Key

- DMC 208 Very Dark Lavender
- DMC 745 Light Pale Yellow
- DMC 353 Peach
- DMC 602 Medium Cranberry
- DMC 728 Topaz
- DMC 433 Medium Brown
- DMC 415 Pearl Gray
- DMC 352 Light Coral
- DMC 726 Light Topaz
- DMC 310 Black
- DMC 321 Red